

LOLA's

SUMMER DANCE PROGRAM 2019



HELD @ LAND O' LAKES ELEMENTARY
SCHOOL COMMONS – **SIDE ENTRANCE**
6485 Town Hall Road, Downtown Land O' Lakes, WI

JULY 8 – August 2 4 weeks

RECITAL – Friday, August 2 @ 4:00 PM

CLASS NAME	DAY(S) OF THE WEEK	TIME	AGE
CREATIVE MOVEMENT Ages 3 - 4	MON/WED/FRI (11 classes + recital day) Start MON July 8 Recital day schedule to follow	9:30 - 10:30	3 - 4 COST: \$120
HELLO TO BALLET/TAP Beginning Ages 5 - 7	MON/WED/FRI (11 classes + recital day) Start MON July 8 Recital day schedule to follow	11:00 - 12:00	5 - 7 COST: \$120
NEW: NEVER TOO OLD TO DANCE CLASS Ages 50+ SEE DESCRIPTION BACK PAGE	MON/WED/FRI (11 classes + recital day) Start MON July 8 Recital optional	1:00 - 2:30	12+ COST: \$120
YOUTH BALLET Beginning/Intermediate Ages 8-11	TUE/THU (8 classes + recital day) Start TUE July 9 Recital day schedule to follow	11:00 - 12:30	8-11 COST: \$100
MODERN DANCE & JAZZ DANCE Ages 8-12+	TUE/THU (8 classes + recital day) Start TUE July 9 Recital day schedule to follow	1:30-3:00	8-12+ COST: \$100

Discounts given for multiple class groups or children. Please contact LOLA @ 715-547-3950.

DEADLINE FOR REGISTRATION: JUNE 24

TO REGISTER ONLINE: lolaartswi.com OR call 715-547-3950

All classes must be pre-paid prior to deadline. No refunds will be given for cancellations after class deadline.

SEE OTHER SIDE FOR CLASS DESCRIPTIONS AND ATTIRE NEEDED.

CLASS DESCRIPTIONS AND ATTIRE NEEDED:

Creative Movement: This class focuses on basic locomotor steps and beginning ballet steps. Structured games and improvisational exercises are designed to inspire movement and rhythm in small children. Students will participate in interactive activities, while learning to love dance.

Hello to Ballet/Tap: One ½ hour each of ballet and tap. Ballet consists of working on basic locomotor steps, positions of the arms and feet, correct alignment, beginning barre work, short combinations, and exercises designed to encourage and spark freedom in moving and love for dance. Tap will work on basic steps, simple rhythms, and short combinations. ADULTS are welcome to join in for these classes! If you love to dance, Ms. French is happy to work with you. Adults students will gain flexibility, energy, a better understanding and appreciation for dance, movement,

Modern/Youth Jazz: This class is a fusion of Ballet, Modern and Jazz dance techniques. Dancers will learn Modern dance technique from Modern dancer/choreographer icon, Merce Cunningham. The aim is to create sufficient body alignment, movement patterns, and freedom through phrases in the center and across space. Students will also focus on Jazz, working on locomotor steps, body isolations, positions of the arms and feet, correct alignment, short combinations, improvisation and exercises designed to encourage the combination of how we feel and dance. This class gives the dancer the opportunity to develop various movement skills/abilities and perform a piece with a strong message to their audience.

NEW! Never Too Old to Dance Class: Indulge your inner ballerina! Geared towards adults with all levels of physical ability, this class offers a lot to those who love to dance. With gentle guidance and instruction in the basics of ballet, Ms. French will work within each student's capabilities. Students will have a chance to socialize, enhance mobility and muscle coordination, improve balance, posture, memory, stretch muscles and have fun. Tutu optional!

Youth Ballet: This class is designed to work specifically on the French style of Ballet technique. We will work at the barre, in center, and throughout space with adagio, petit and grande allegro phrases. Students will learn proper use of turn-out, port de bras, and elegance through space.

Dance Attire: Ballet, tap, or jazz shoes are preferred. Socks may be worn for ballet if need be. Modern dance is danced barefoot! Children wear any color tights and a leotard for ballet and creative movement. Jazz pants, shorts or leggings may be worn with a tank top or t-shirt for jazz and tap. Child tights, leotards and shoes are often found at Shopko, Payless, Wal-mart and/or Target stores. Many online sources are available as well. (www.discountdance.com)

**LOLA has a limited number of dance wear and shoes for borrowing.
Please contact office for more information. 715-547-3950**

Instructor: Jennifer French



I started dancing at the age of 2 ½ and started assisting/ teaching classes at the age of 13 and have enjoyed teaching ever since. I am going to school at the University of Wisconsin- Whitewater to become an exercise physiologist with a dance minor. While at Whitewater I have had the privilege to take part in the first wheelchair dance class offered in the UW system. I have been able to take a teacher course with Axis Dance Company, the nation's most acclaimed ensembles of disabled and non-disabled dancers, out of Oakland California. I have also started an all ability dance class in the Whitewater Parks and Rec dance program. I love sharing my passion for dance and the best way to do this is to teach.

